

Introduction

Surgery Wellness Clinic:

- Mission: improve surgical care for older adults
- Integration of best practices in geriatric surgery with preoperative assessment
- Interdisciplinary care pathway that includes
 - Individualized risk assessment
 - Patient-centered decision making
 - Functional optimization

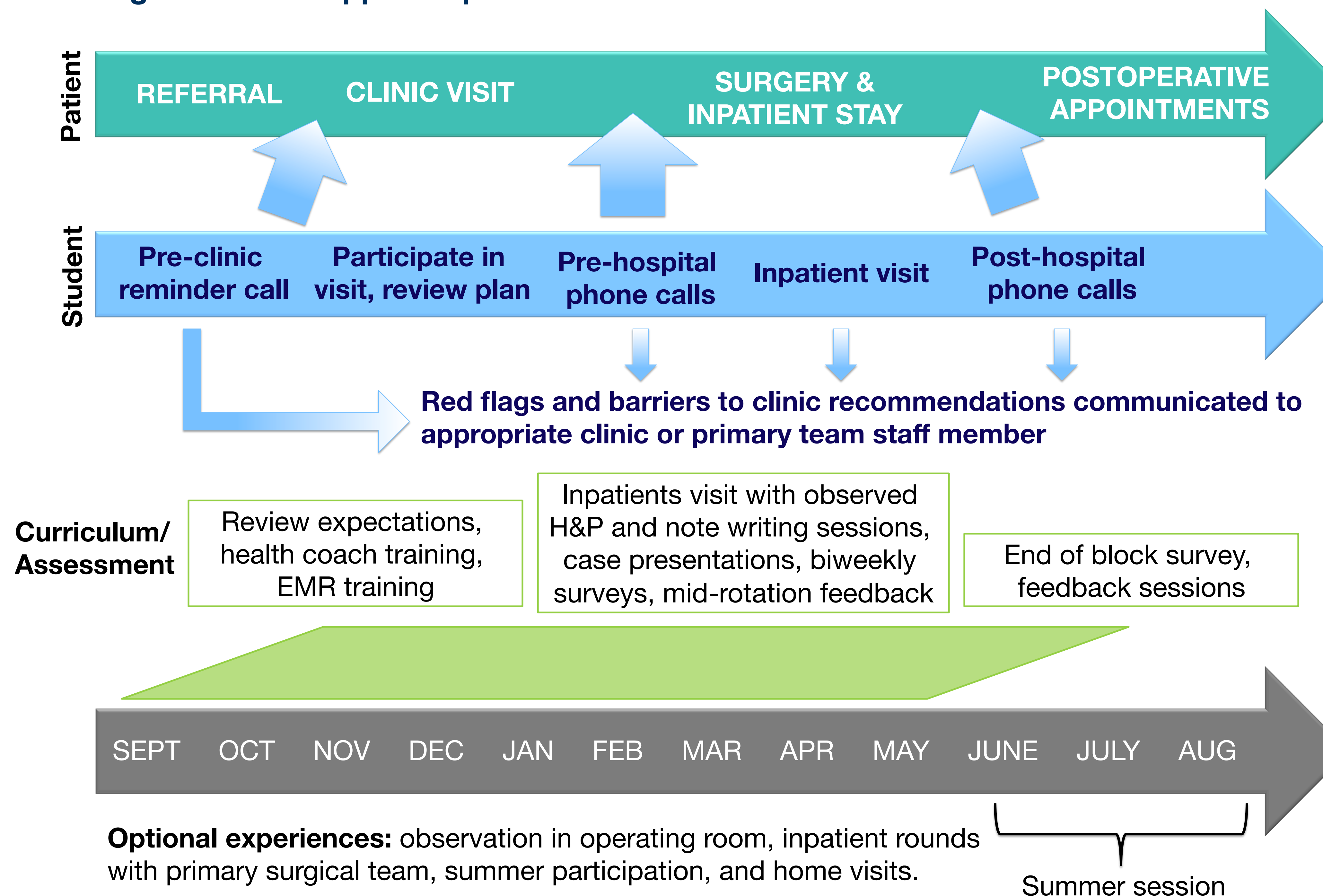
Health Coaching:

- Potential active role for early learners in fast-placed clinical setting
- Patient care and student satisfaction demonstrated in the care of patients with diabetes [1].

Curriculum Overview

- **Didactic Training:** Students receive didactic education on health coaching by participating in a health coaching workshop taught by the UCSF School of Medicine.
- **Clinical Preceptorship:** Students elect to participate in a 9 month preceptorship placement with the Surgery Wellness Clinic (SWC) for Older Adults situated in the UCSF Department of Surgery
- **Coaching Scripts:** A written call script approved by the UCSF institutional review board is used to standardize and guide the content of the health coaching call. Content of all coaching calls are documented in the SWC registry database.

Learning activities mapped to patient events timeline



Outcome Measurement

- Patient satisfaction
- Patient adherence with care plan
- Number of instances when a health coach contacts the primary team or recommends that the patient call their primary care doctor
- Health coach satisfaction (biweekly survey) based on minute paper feedback tool [2]

References

1. Gorrindo, P., et al., Medical students as health educators at a student-run free clinic: improving the clinical outcomes of diabetic patients. *Acad Med*, 2014. 89(4): p. 625-31.
2. Singh, MK., et al., Expanding educators' medical curriculum tool chest: Minute papers as an underutilized option for obtaining immediate feedback. *J Grad Med Education*, 2011. 3(2): p. 239-42.

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